

# CARTERET *On The Move*

WWW.CARTERET.NET



## Mayor Reiman delivers annual State of the Borough Address



**Daniel J. Reiman**  
**Mayor**

**Susan Naples,**  
**Council President**

### **COUNCIL MEMBERS**

**Skippy Sitarz**  
**Randy Krum**  
**Vinnie Bellino**  
**Jorge Diaz**  
**Dennis DiMascio**

arts center. The Borough is in discussion with an operator to bring in a 6-8 screen community movie theater to show the latest hit movies in a proposed theater district.

The final phase of the Gateway at Camelot project on lower Roosevelt Avenue is now underway.

- Hampshire Group's redevelopment of the vacant Pathmark site: new distribution center for FedEx and their recent groundbreaking at 50 Bryla Avenue on a 460,000 square foot state-of-the-art industrial complex.

#### Environmental Cleanup

- The former American Cyanamid property: 25,000,000 gallons of cyanide laced leachate run uninhibited into the Rahway River watershed each year - cleanup is underway by Soil Safe.

#### Finance

- Total debt and obligations cut by over \$10 million.
- Inherited bond debt reduced by over \$18 million.
- Secured A1 credit rating from Moody's Investors Service.

#### Technology

- Borough website has been redesigned and updated: added features including a community calendar, local job postings, and the ability to pay municipal taxes online.
- New Borough smartphone app MyCarteret: residents may now submit service requests, such as pothole repairs and broken streetlights, and track the requests to completion.

#### "Investing in the Future"

- Enhancements to Cornell Estates and Bishop Andrews Park will soon be completed, adding \$320,000 worth of improvements to the \$60 million already invested in parks and recreation by the current administration.

Mayor Reiman joined with Carteret residents, local business owners, and state and county officials on Tuesday, March 11th, to deliver his annual State of the Borough Address. The Mayor discussed the town's achievements in 2013, as well as projects and improvements his administration is planning for the coming year.

Highlights included the following:

#### Economic Development

- New Investor's Savings Bank on Washington Avenue, located on a former long-vacant greyfield site.
- Ground broken on new three story, 8,500 square foot professional center which will house medical offices.
- Construction beginning on a new 400 car parking facility to provide additional parking for smart-growth projects in the Washington Avenue Redevelopment Area.
- Washington Avenue mixed-use redevelopment: 28,000 square feet of commercial space, residential units, and a rooftop restaurant lounge.
- The Borough will acquire the recently closed Vallone's Bakery building on Washington Ave. to restore it to the Performing Arts Center. The building formerly housed the Ritz Theater, a Vaudeville era 1920's theater that showed plays, acts, and movies until the 1960's. Once completed it will house a 1000 seat performing

[Continued on page 2]

**A publication of the Carteret Business Partnership, Inc.**

**Spring 2014**

**Volume 12, No.1**

### **The Carteret Business Partnership:**

#### BOARD OF DIRECTORS

**Mark Hruska**  
*Chairman*  
*Hruska Enterprises*

**Hank D'Orsi**  
*Treasurer*  
*H. D'Orsi Contractors, Inc.*

**Sam Minucci**  
*Design Rite Florist of Carteret*

**Ajmar Singh Johal**  
*Racestar of Carteret*

**Daniel Croson, Jr.**  
*Director, Borough of Carteret*  
*Community Development*

**Carteret Business  
Partnership Inc.**  
Carteret, NJ 07008  
Phone 732-541-3836  
Fax 732-541-1192





### EMERGENCY SERVICES

Emergencies  
911

Police  
(732) 541-4181

Fire / EMS  
(732) 541-8000

Office of  
Emergency Management  
(OEM)  
(732) 541-4007

### Other Borough services:

Office of the Mayor  
(732) 541-3801

Library  
(732) 541-3830

Health Department  
(732) 541-3890

Finance / Tax Office  
(732) 541-3820

Office on Aging  
(732) 802-3014

Construction  
(732) 541-3810

Engineering  
(732) 541-3847

### Public Works:

Recycling  
Streets & Roads  
(732) 541-3881

Sewage  
(732) 541-3878

## Mayor Reiman delivers annual State of the Borough Address (con't.)

• 67 more local roads to be repaired and repaved, adding to the 125 roads that have already been restored over the past few years.

• Plans being completed for a new, \$6 million flood control and regional retention basin project for the Noe and Harris Streets area to prevent the damage similar to that caused by Hurricane Sandy.

• West Carteret Façade Improvement Program: business owners will have the opportunity to improve the aesthetic appeal of commercial buildings along Roosevelt Avenue in West Carteret.

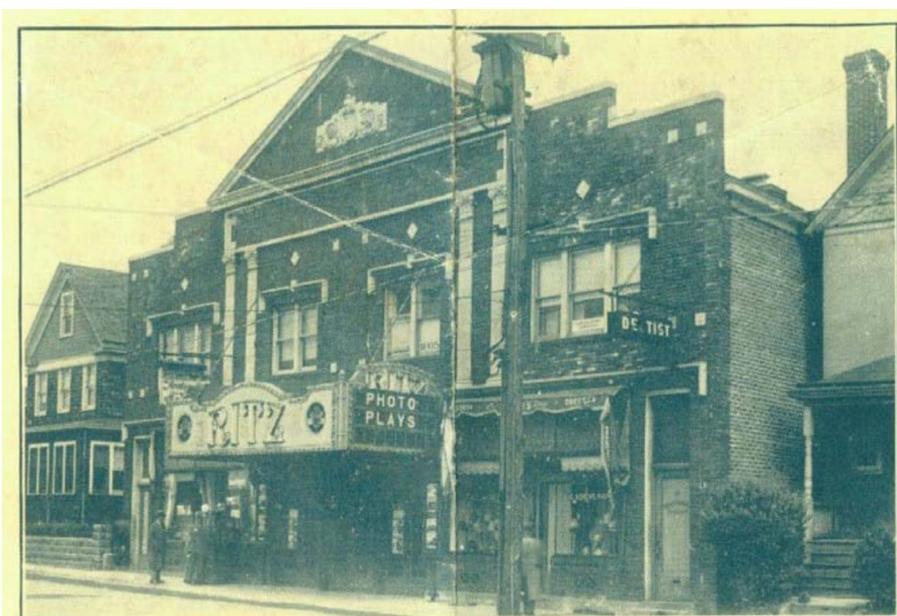
• Boys & Girls Club opened a Middle School extension unit that serves approximately 100 students.

• Launched "Teacher in the Library" after-school homework help program at the Carteret Public Library: provides certified teachers to help district students complete their assignments.

"Long-time and old-time Carteret residents will remember that from 1928-1965 that building housed the Ritz Theatre, and was an important stop on the vaudeville performance circuit in the 1930's. Much of the original theatre décor remains in place and it is our intention to restore this building to its former glory and to return live performances to Carteret."

- Mayor Dan Reiman  
2014 State of the Borough Address

For a complete transcript of the speech, visit [www.carteret.net](http://www.carteret.net). For a complete video recording of the event, tune into TV Public Access Channel 36.



The Ritz Photo Play House on Washington Avenue



CARTERET HAS COME A LONG WAY OVER THE PAST FEW YEARS. WITH YOUR HELP, WE CAN BRING IT EVEN FARTHER.

#ABETTERCARTERET

# CARTERET WANTS YOU

## Small Business grant & loan opportunities available



If you're looking to expand your existing retail, professional service or restaurant, you should explore Carteret. Here you'll find three things that could help you succeed:

- High unmet demand for restaurants
- Retail-ready locations, convenient to your customers, and
- A truly, business-friendly local government that want to help you

We're not just saying this; we have hard facts to back it up. We've done a market analysis that documents new business opportunities. We offer easy, immediate access to tens of thousands of potential customers and patrons. And our local businesses would be the first ones to tell you that we "go the extra mile," to proactively promote, support, and accommodate our businesses. We offer financial incentives, technical assistance, and tax-free purchases for businesses enrolled in our Urban Enterprise Zone Program.

To get all the facts, call the Office of Economic Development at:

732.541.3835  
or visit [www.carteret.info](http://www.carteret.info)

### Carteret Business Quick Facts:

- Carteret population of 22,844
- Millions in unmet demand for full-and limited-service restaurants
- Tax exemption for construction and business purchases, employee tax credits, and corporate Business tax credits for UEZ businesses(1)
- Small Business Start-Up and Matching Grants for facades, signs, and awnings (1)
- Micro Loans for small businesses – collateral required
- Financing incentives for mixed-use or commercial redevelopments (2)
- Future marina and Passenger Ferry operations on the Arthur Kill Waterway - 15 nautical miles to NYC
- Liquor licenses available
- Retail & restaurant space immediately available
- Office space available

- (1) For businesses enrolled in the NJ Urban Enterprise Zone Program
- (2) For project in designated redevelopment areas



## Mayor & operators break ground on medical arts redevelopment project



The medical plaza is proposed to be a three-story medical facility, fully compliant with the current Americans with Disabilities Act (ADA). The building will feature a modern facade using large arched windows complimented with brick, stone and stucco as exterior finishing materials in earth tone colors. The interior of the building will include approximately 8,500 square feet of space (2,800 square feet per floor) of professional medical space.

"An important facet of our Washington Avenue Redevelopment Plan has been to diversify the range of professional services available to residents," Mayor Reiman stated. "As part of our mixed-use redevelopment strategy, the medical plaza will provide new health services to area residents and play an important part in emphasizing Washington Avenue's value as a destination for businesses and consumers."

The floor plans of the medical plaza include doctors' offices, exam rooms, a waiting room, and a reception area. The first floor will also include a common lobby area and a stretcher-compliant elevator. The second and third floors will be completed as commercial-ready "vanilla boxes" ready for future tenant fit-outs, intended to host additional professional services.

Mayor Reiman joined with area residents, the Borough Council, representatives from the Carteret Business Partnership, Inc., and area medical professionals in January to break ground on the latest project in the ongoing redevelopment of the Borough's Washington Avenue business district.

The Carteret Redevelopment Agency and Borough Planning Board approved plans to redevelop 125 Washington Avenue for use as a medical and professional building in 2011. The property has been underutilized for years, according to the Borough's Office of Engineering.

"A component of our redevelopment agenda has been to introduce a variety of new services that were absent in particular business districts," Mayor Reiman added. "The Carteret medical plaza will ultimately provide residents with immediate access to a range of medical services under one roof, and tie into the continuing redevelopment of Washington Avenue and our town center."

## Carteret Fire Department expands car lockout service

The Carteret Fire Department has announced the expansion of the Carteret Fire Department's Car Lockout program, through which residents who are locked out of their cars may receive free assistance from any of the department's on-staff firefighters.

The program was first implemented as a pilot program in 2008, prompted by the concern of local firefighters who had witnessed several instances of lockouts;

"Car owners may try to gain access on their own, which may or may not be successful and may damage the vehicle," Chief Hruska stated, "or the owner might have a locksmith access the vehicle at a considerable cost."

There were often cases reported in which young children or pets were locked inside a running vehicle, or a window had to be broken to gain entry.

Through a grant from the Carteret Business Partnership, Inc., the Fire Department acquired industry-standard tools that allow personnel to gain access to most motor vehicles, in most cases in a matter of minutes and without causing damage. All participating firefighters have been trained in the use of these tools.

"We are constantly trying to expand and improve the ways we offer our public services to residents," Mayor Reiman said. "If we have a department that's capable of performing an additional service that won't conflict with their primary functions, and doesn't cost additional

dollars, it's well worth it."

"The inspiration for starting this program came about because of the interest and concern of one of our firefighters," Fire Commissioner Randy Krum stated, "who had witnessed several incidents involving people being locked out of their personal vehicles and his observations of what limited options they had to gain access to them."

"Our firefighters have received training and will now be able to provide fast and convenient service for this common occurrence, and at no cost to our residents" Mayor Reiman added.



## "Homework Help" at the Carteret Public Library

Carteret's first "Homework Help" program is now being offered at the Borough's Thomas J. Deverin Community Center and Library.

Through the program, participating students from any grade may receive free after-school homework assistance and guidance from fully accredited, certified teachers. Teachers are committed to providing a structured, after-school learning environment in the library where they may assist both students and parents.

The program, which has been sponsored by Mayor Reiman and Library Board of Directors, provides an emphasis on "Focus;" the identification and use of applicable learning strategies, and the best resources for completing given homework assignments.

According to Mayor Reiman, similar programs have been extremely successful in providing children and their families with academic support and encouragement in other communities.

"We fully recognize that the academic success of any student can be facilitated with work and assistance that takes place beyond our classrooms." Mayor Reiman said "I know this will be a lasting and

invaluable program for Carteret students, and one of many to come that will noticeably improve academic performance across our school district. We thank our Library Board, who has recognized the value of this and other after school programs to our youngsters."

Community Development Director Dan Croson, who was recently elected to the Carteret Board of Education, added; "We are always looking for ways to improve the lives of our residents, both young and old. This program will provide additional academic support to students that require it, and will help alleviate some of the pressures that so many hardworking parents in our community face. I look forward to hearing frequent success stories from families and teachers as this grows to become one of Carteret's most valued programs."

Teachers will be available for homework assistance at the Carteret Public Library, 100 Cooke Avenue, from 3:30 p.m. until 6:30 p.m., Mondays through Thursdays, and on Saturdays from 10:00 a.m. – 1:00 p.m.. The program will begin on January 6th, 2014.

For more information, please call at (732) 541-3835.

CARTERET  
free  
PUBLIC  
LIBRARY



100 Cooke Avenue, Carteret, N.J. 07008  
(732) 541-3830, [www.lmxac.org/carteret](http://www.lmxac.org/carteret)  
Hours: Monday through Thursday 9:00am - 8:00pm  
Friday & Saturday 9:00am - 5:00pm  
[www.carteret.net](http://www.carteret.net)

## Borough Tax Office now accepting online payments

Municipal taxes and other obligations may now be paid online through the Borough's first Web Inquiry and Payment Portal (WIPP). The WIPP, provided by a governmental software developer, is a website for users to access their tax and/or utility account balance information online. Payments towards those balances can also be made online.

The WIPP is linked to the Borough's website so participating users can access it from [www.carteret.net](http://www.carteret.net). They will then be able to search for their account by name, address, block and lot, account number, and make tax payments online by credit card or e-check. Payments are processed through [www.link2gov.com](http://www.link2gov.com) and a payment file is created and can be imported daily from Link2Gov's secure site. The payments can be verified prior to updating.

"We are looking forward when we improve our resident services," Mayor Reiman said. "Software developers and corporations are finding more and more ways to get people 'connected' online, in many cases to services that have been provided for a long time. We are always looking for ways to modernize and streamline – to make these common services even more convenient for our residents, and to evolve with the latest technological trends and developments."

According to Borough officials, the online service may be similar to receiving payments from a bank file. The site is automatically updated with current account information and balances on a daily basis.

Online services include:

- Account Inquiry by Block/Lot, Owner & Property Location
- Minimum 3 years tax history (shows all delinquent periods 3+)

- 4 periods of utility billing info (including meter reads & usage)
- Ability to inquire & pay municipal charges
- Payment "rules" compliant with state statutes
- Tax & utility records stored on one screen for convenient inquiry
- Secured payments via Link2Gov ([www.link2gov.com](http://www.link2gov.com))

"The level of convenience offered through this service is astounding," Finance Chair and Councilman Jorge Diaz added. "We have so many residents who stay current and keep connected through information technology. I know many will take advantage of this latest innovation at our Finance Office."

The screenshot shows two search forms. The first is for 'Tax Account Information' with fields for Block, Lot, Qualifier, and Tax Account Id. The second is for 'Utility Account Information' with fields for Utility Account Id and Owner Name. Both forms have search buttons. Below the forms is contact information for the Borough of Carteret Tax Collector, including address, phone, email, and office hours. A footer note states: 'The interest listed on delinquent taxes is calculated for the current day's date only. Please contact our office to obtain interest calculations for a future date.' The page is dated 'Last Updated: 02/27/2014'.



It's your neighborhood.  
Make an impact.

How does MyCarteret help you and the Borough get stuff fixed?



**See a problem?**

Spot something in your neighborhood that needs a fix?



**Report it.**

Submit a service request using the MyCarteret mobile app or webpage.



**Stay connected.**

Requests go directly to a city employee, who can keep you updated on the status.



**Get results**

Watch your city close requests!



<https://www.facebook.com/danieljreiman>



<https://twitter.com/danreiman>

WWW.CARTERET.NET



# Summer fire prevention & safety tips

from the Carteret Fire Department & National Fire Protection Association



### Lightning safety tips:

Summer is the peak time of the year for lightning strikes and lightning fires. However, lightning does occur year round. It's important to be prepared for this dangerous weather phenomenon.

### Outdoor safety:

If you can hear thunder, you are within striking distance of lightning. Look for shelter inside a home, large building, or a hard-topped vehicle right away. Do not go under tall trees for shelter. There is no place outside that is safe during a thunderstorm. Wait at least 30 minutes after the last thunder before leaving your shelter.

Stay away from windows and doors.

If you are in or on open water, go to land and seek shelter immediately.

- The grill should be placed well away from the home, deck railings and out from under eaves and overhanging branches.
- Keep children and pets away from the grill area.
- Keep your grill clean by removing grease or fat buildup from the grills and in trays below the grill.
- Never leave your grill unattended.

### Charcoal grills:

- There are several ways to get the charcoal ready to use. Charcoal chimney starters allow you to start the charcoal using newspaper as a fuel.
- If you use a starter fluid, use only charcoal starter fluid. Never add charcoal fluid or any other flammable liquids to the fire.
- Keep charcoal fluid out of the reach of children and away from heat sources.
- There are also electric charcoal starters, which do not use fire. Be sure to use an extension cord for outdoor use.
- When you are finished grilling, let the coals completely cool before disposing in a metal container.

### Propane grills:

Check the gas tank hose for leaks before using it for the first time each year. Apply a light soap and water solution to the hose. A propane leak will release bubbles.

If your grill has a gas leak, by smell or the soapy bubble test, and there is no flame, turn off the gas tank and grill. If the leak stops, get the grill serviced by a professional before using it again.

If the leak does not stop, call the fire department. If you smell gas while cooking, immediately get away from the grill and call the fire department. Do not move the grill.

If you feel your hair stand on end, that means lightning is about to strike - squat low to the ground on the balls of your feet. Place your hands over your ears and your head between your knees. Make yourself the smallest target possible and minimize your contact with the ground. Do not lie flat on the ground. This is a last resort when a building or hard-topped vehicle is not available.

If a person is struck by lightning, call 9-1-1 and get medical care immediately. Lightning strike victims carry no electrical charge; attend to them immediately. Check their breathing, heartbeat, and pulse. CPR may be needed.

### Indoor safety:

Unplug appliances and other electrical items, like computers, and turn off air conditioners. If you are unable to unplug them, turn them off.

Stay off corded phones, computers, and other electronic equipment that put you in direct contact with electricity or plumbing.

Avoid washing your hands, bathing, doing laundry, or washing dishes.

Contact your local fire department for advice if you have a question on home fire safety.

### Grilling safety tips:

Be sure to use safe grilling practices as the peak months for grilling fires approach - June and July. Gas grills constitute a higher risk, having been involved in an annual average of 6,900 home fires between 2005 and 2009, while charcoal or other solid-fueled grills were involved in an annual average of 1,100 home fires.

Fire in the grill, under hot dogs and burgers, is a welcome sight at the family cookout. But fire anywhere else can make your summer kick-off barbecue memorable for all the wrong reasons.

### General grilling safety:

- Propane and charcoal BBQ grills should only be used outdoors.



**Carteret Fire Department**  
240 Roosevelt Avenue  
Carteret, New Jersey 07008  
(732) 541-8000

**DIAL 911 FOR EMERGENCIES**



Premium gas and retail food services open 24/7

Racestar offers high quality service at the lowest prices possible

Racestar deli and foodmart now OPEN!

**Ajmar Johal, President**  
Tel - (732) 541-7223  
Fax - (732) 541-7221

**151 Washington Avenue**  
**Carteret New Jersey**

**“Excellence in service since 1995”**



**FOOD MART & DELI**

### BREAKFAST

Pork Roll, Egg, Cheese .....	\$2.59
Bacon, Egg, Cheese .....	\$2.59
Sausage, Egg, Cheese .....	\$2.59
Ham, Egg, Cheese .....	\$2.59
Steak, Egg, Cheese .....	\$3.99
Egg and Cheese .....	\$2.59
Bagel (Butter or Cream Cheese).....	\$1.75

### OMELETTES

Served with Hash Browns

Two Eggs any style.....	\$4.99
Cheese Omelette.....	\$4.99
Western Omelette.....	\$4.99
Greek Omelette.....	\$4.99
Mexican Omelette.....	\$4.99
Ham & Cheese Omelette.....	\$4.99
RaceStar Omelette.....	\$4.99
(Sausage, Onion, Pepper & Mozzarella Cheese)	
Italian Omelette.....	\$4.99

CALL: 732.541.7223  
FAX: 732.541.7221

151 WASHINGTON AVENUE, CARTERET, NJ 07008

### FOOT LONG SANDWICHES

**\$6.99**



### HOT SANDWICHES

**\$4.99**



### FROM THE GRILL

### APPETIZERS

All 6 Pieces

**\$4.99**



**\$4.25**

Cheese Burger

### SALADS

### BUFFALO WINGS

(Sweet, Mild and Hot Sauce)

6 Pieces.....	\$ 2.99
10 Pieces.....	\$ 4.99
15 Pieces.....	\$ 6.99
20 Pieces.....	\$ 8.99
30 Pieces.....	\$15.99
50 Pieces.....	\$25.99

**\$3.99**

Caesar Salad

Advertisement paid for by Racestar of Carteret



## Mayor signs property donation agreement with E.I. DuPont Chemical Settlement to pave way for ferry terminal and "River Walk"

On April 1st Mayor Dan Reiman signed a donation agreement with "DuPont" which will allow Carteret to continue with its plans to redevelop waterfront "Brownfields" properties. The Borough filed suit against E. I. du Pont de Nemours and Company, the American chemical company, in 2008, claiming that it had allowed approximately 35 acres of waterfront property to lie dormant for decades, hosting debris and contaminants left by the Agrico Chemical Co., after acquiring the company in the 1920's.

"Simply put, DuPont sat on this property for 80 or 90 years," Mayor Reiman stated, "with no intention of putting it to use, foregoing any environmental responsibilities therein, and to the detriment of our community. Now DuPont has stepped up to the plate - they have assumed responsibility for cleanup, and have agreed to donate waterfront property valued at over \$9.5 million to further our Waterfront Park expansion, provide open space with additional public access to our waterfront, and support the marine ferry terminal."

The agreement will require DuPont to transfer a total of 10 acres of property immediately adjacent to the Arthur Kill to the Borough. Valued at over \$9.5 million, the property will ultimately host the Borough's future ferry terminal and adjacent parking.

The proposed ferry terminal will lie to the north of the borough's Waterfront Park along the Arthur Kill, and is expected to redefine the Borough's commuter value by providing inter-modal transportation to Manhattan via a convenient water route. The DuPont parcel and waterway will allow for marine facilities for docking and loading, a parking lot and drop off area, and a terminal building for ticket purchases.

"The Borough Council and I have committed ourselves to the restitution of dormant brownfields in Carteret," Mayor Reiman added. "Plans for these sites may vary, but in all cases will allow for the revitalization of abandoned or underutilized areas relinquished from industrial and manufacturing companies. We have fought many hard fights necessary to build a better Carteret. We have said on countless occasions that we would not tolerate the 'mothballing' of abandoned industrial property in Carteret, and we meant it."

As part of the project, the Borough has completed plans to develop a portion of the ferry terminal property and the 30' wide easement along the "Green Belt," or upland of the Arthur Kill, for use as a continuation of the River Walk that spans the length of Waterfront

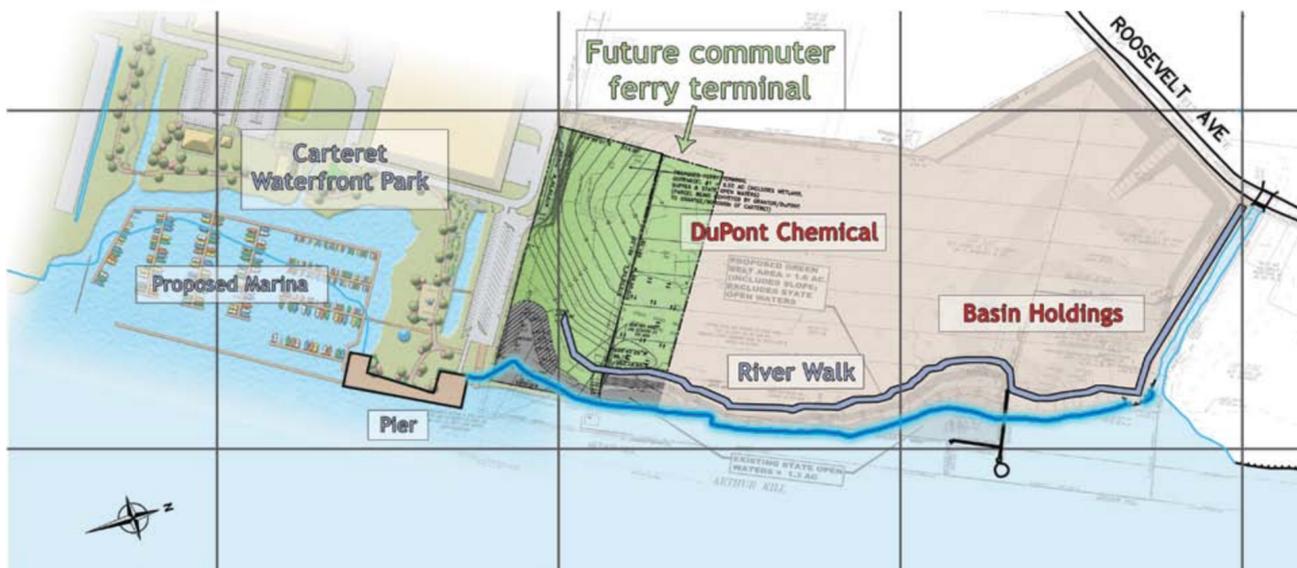
Park.

The northern extension of the path will be 2,230' in length, and provide additional recreational space for pedestrians and cyclists, along with new "fitness stops," or exercise amenities similar to those along the existing River Walk, and bicycle stands for commuters.

The Borough plans to continue with the development of the River Walk with other future projects, and ultimately to have it connect to other local pedestrian pathways in the establishment of a riverside pedestrian network.

"The River Walk represents our efforts to maximize our waterfront's potential," Mayor Reiman said. "It will indefinitely prove an invaluable recreational resource to residents and visitors, and will ultimately be an integral part of our ongoing waterfront redevelopment."

"Tying in with our future ferry terminal project, our River Walk will further our efforts to establish a multi-faceted waterfront," Council President Susan Naples added, "which goes beyond recreation as a public resource for our residents."



## Road Improvement Program to continue in 2014

Approximately \$4 million has been earmarked for local street improvements as part of the Borough's ongoing capital budget and Road Improvement Program for the coming year.

Some of the local roads targeted for improvements during 2014-2015 include the following:

- Arthur Avenue (Holly to Willow)
- Ash Street (Hagaman to Marion)
- Barlik Street (Louis to Hermann)
- Catherine Street (Steiner to Washington)
- Chestnut Street (Tyler to dead end)
- Christopher Street (Roosevelt to Beverly)
- Clifford Street (Louis to Oak)
- Coolidge Avenue (Tyler to Buchanan)
- Daniel Street (Willow to Coolidge)
- Donovan Avenue (Capp to Poplar)
- Dorothy Street (Roosevelt to Riverview)
- Edgar Street (Hermann to Liberty)
- Elmwood Avenue (Clifford to Park)
- Emerson Street (Washington to dead end)
- Heald Street (Matthew to Liberty)
- High Street (Terminal to Washington)
- Jersey Street (Louis to Hermann)
- Laurel Street (Marion to McKinley)
- Leber Avenue (Spruce to Coolidge)
- Longfellow Street (Washington to Blanchard)
- Lowell Street (Washington to dead end)
- Markowitz Street (Hagaman to Marion)
- Mary Street (Duffy to Washington)
- McKinley Avenue (Spruce to Holly)
- Oak Street (Harrison to Barlik)
- Oakwood Avenue (Bernard to Frederick)
- Park Place (Elmwood to Hermann)

- Pershing Avenue (Terminal to Washington)
- Polk Avenue (Carteret to Oak)
- Randolph Street (Duffy to Washington)
- Spruce Street (Leber to Terminal)
- State Street (Louis to Hermann)
- Sumutka Court (Sumutka to dead end)
- St. Ann Street (Hayward to Charles)
- St. Volodymyr Avenue (Grant to Roosevelt)
- Taylor Avenue (Carteret to Oak)
- Tyler Avenue (Chestnut to Oak)

Milling and overlay have been planned for targeted streets, along with upgrades to handicap ramps, inlet replacement or repairs where needed, and curb, sidewalk, and driveway apron replacement. Targeted intersections will also receive new handicap ramps and pavement repairs where needed.

Mayor Reiman said, "We've been looking to the future with many of our capital improvement projects, identifying areas in need and providing comprehensive repairs and enhancements that will last us many years. We have made a pledge to our residents to improve all of our streets that are in a state of disrepair. The Borough Council and I are committed to that promise."



### NEW JERSEY CENTER for CREATIVE ARTS

Now registering for Summer Camps and Classes!

- Dance and Gymnastics Day Camp offered Monday-Friday for ages 4-12
- Half and Full day camps available (3 hours AM or PM or 6 hours full day)
- Early drop off / late pick up is available.
- Have fun this summer making new friends while staying active and developing strength, coordination, flexibility and self expression. Each camp week holds a new adventure. Activities will include gymnastics, dance, circus arts, Broadway / theater, games, crafts and lots of fun!

6 weekly sessions available!

Summer Gymnastics and Dance Classes  
We will be holding weekly classes for ages 2-18 in:

- Preschool
- Ballet/Tap Combo
- Hip-Hop
- Gymnastics/Tumbling
- Co-ed and all boys classes available
- Classes are available on Tuesday evenings and Saturday mornings.

Family and full-session DISCOUNTS are available.

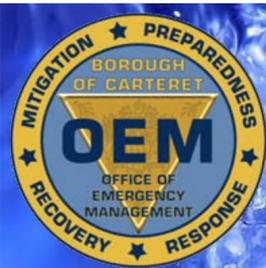
Only pay for the weeks you take!

NJ Center For Creative Arts  
124 Washington Ave., Carteret, NJ 07008  
732-541-9040

\*Find us on Facebook!\*

[www.njcenterforcreativearts.com](http://www.njcenterforcreativearts.com)





# Heat-beating tips for 2014

An advisory from the  
Office of Emergency Management

## Quick Heat-Beating Tips:

- If possible, stay out of the sun. When in the sun, wear sunscreen (at least SPF 15) and a hat to protect your face and head.
- Use an air conditioner if you have one. Set the thermostat no lower than 78 degrees.
- If you do not have an air conditioner, keep rooms well-ventilated with open windows and fans. Consider going to a public pool, air-conditioned store, mall, movie theater, or cooling center.
- Fans work best at night, when they can bring in cooler air from outside.
- Make a special effort to check on your neighbors during a heat wave, especially if they are seniors, young children, and people with special needs. Many older residents live alone and could suffer unnecessarily in the heat because they are isolated from friends and family.
- Seniors and others who may be sensitive to extreme heat should contact friends, neighbors, or relatives at least twice a day during a heat wave.
- Drink fluids – particularly water – even if you do not feel thirsty.\* Avoid beverages containing alcohol, caffeine, or high amounts of sugar.
- Wear lightweight, light-colored, loose clothing that covers as much of your skin as possible.
- Never leave children, pets, or those who require special care in a parked car during periods of intense summer heat.
- Avoid strenuous activity, especially during the sun's peak hours – 11 AM to 4 PM. If you must engage in strenuous activity, do it during the coolest part of the day, usually in the morning between 4 AM and 7 AM.
- Cool showers or baths may be helpful, but avoid extreme temperature changes. Never take a shower immediately after becoming overheated – extreme temperature changes may make you ill, nauseated, or dizzy.
- \*People with heart, kidney or liver disease, or on fluid restricted diets should check with their doctors before increasing fluid intake.

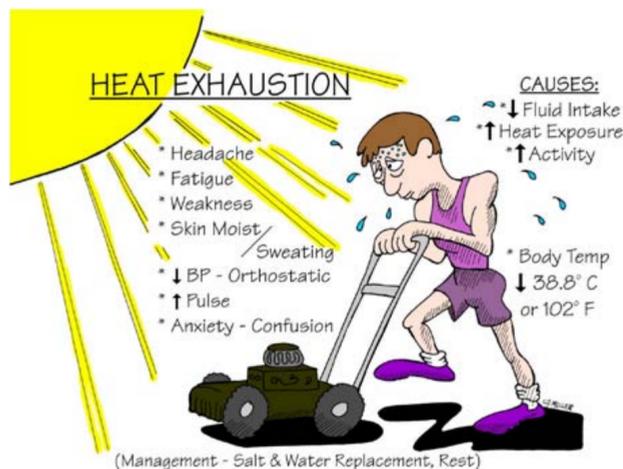
## Heat-Related Illnesses:

Seek help if you feel symptoms of heat-related illness.

**Heat Cramps:** Heat cramps are muscular pains and spasms, usually in the leg or stomach muscles, resulting from heavy exertion during extreme heat. Heat cramps usually occur when the heat index is between 90 and 105 degrees. Although heat cramps are the least severe of all heat-related health problems, they are often the first signal that the body is having trouble coping with the heat and should be treated immediately with rest and fluids. Stretching, gentle massaging of the spasms, or direct, firm pressure on cramps can reduce pain. Seek medical attention if pain is severe or nausea occurs.

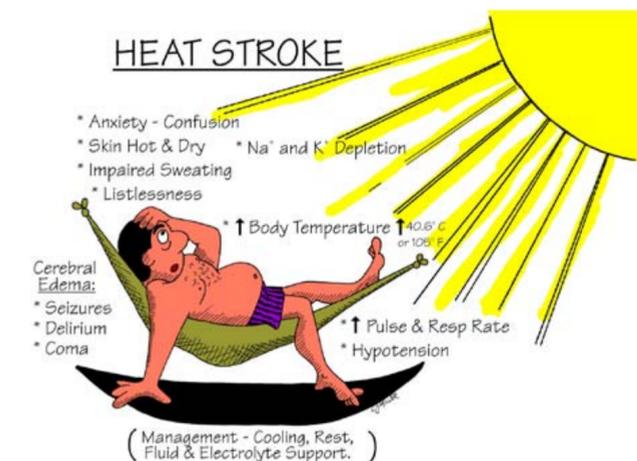
**Heat Exhaustion:** Heat exhaustion occurs when body fluids are lost through heavy sweating due to vigorous exercise or working in a hot, humid place. Blood flow to the skin increases, causing blood flow to vital organs to decrease. Symptoms include: sweating, pale and clammy skin, fatigue, headache, dizziness, shallow breaths, and a weak pulse.

Heat exhaustion should be treated with rest in a cool area, sipping water or electrolyte solutions, applying cool and wet cloths, elevating the feet 12 inches, and further medical treatment in severe cases. If not treated, the victim's condition may escalate to heat stroke. If the victim does not respond to basic treatment, seek medical attention. Heat exhaustion usually occurs when the heat index is between 90 and 105 degrees.



**Heat Stroke:** Heat stroke — also called “sunstroke” — occurs when the victim's temperature control system, which produces perspiration to cool the body, stops working. The skin is flushed, hot and dry, and body temperature may be elevated. In fact, body temperature can rise so high that brain damage and death may result if the body is not cooled quickly. The victim may also be confused, develop seizures, breathe shallowly, and have a weak, rapid pulse.

Heat stroke is the most serious heat-related illness and people exhibiting its symptoms should seek emergency medical attention. Heat stroke usually occurs when the heat index is 130 degrees or higher, but can occur when the heat index surpasses 105 degrees.



# Now Open!

## New medical doctors in Carteret !

# Roosevelt Medical Center, LLC

**Sandeep Riar, M.D. F.A.C.P.**

**Rashpal Singh, M.D. F.A.C.P.**



Board certified in Internal Medicine, Pulmonary / Critical Care, and Sleep Medicine

## Services provided:

- Annual Physicals
- Well visits
- Blood Drawing
- Spirometry / EKG / Urine Analysis
- Immigration physicals
- Flu & Pneumonia vaccines
- Holter monitoring
- B12 Injection
- Privileges in local hospitals
- CDL Drivers' physicals
- Specialize in lung / sleep problems including trouble breathing / COPD / Asthma / Tuberculosis
- Multiple other conditions including Hypertension, Diabetes, skin diseases

**SPECIAL RATES FOR NON-INSURED**

**OPEN MON. THRU SAT.  
SPECIAL DISCOUNT  
FOR NEW INSURANCE  
NON-INSURANCE PATIENTS**

**MOST INSURANCE  
ACCEPTED  
PLANS HMO & PPO**

**ENGLISH, HINDI, &  
SPANISH SPOKEN  
Walk-ins welcome!**



**(732) 541-2141**

237 Roosevelt Avenue, Carteret, N.J. 07008

Advertisement paid for by the Roosevelt Medical Center

**RWJ RAHWAY  
FITNESS & WELLNESS CENTER**  
*at*  
**CARTERET**

**CHOOSE US AS YOUR PARTNER IN HEALTH & WELLNESS.**

TAKE ADVANTAGE OF THE VAST SERVICES INCLUDED IN YOUR USER FRIENDLY MONTH-TO-MONTH MEMBERSHIP:



Two 1 - hour evaluations with a personal trainer, including a functional movement screening & personalized training program. With re-assessment every 6 - 8 weeks.



Expansive fitness floor with a large selection of state-of-the-art cardio & strength training equipment.



Large variety of fitness classes weekly including Les Mills™, Zumba®, Pilates Barre, aqua, yoga, cycle & much more.



A quarterly nurse assessment including a health history review, body fat analysis, hydration level analysis & girth measurements.



Comprehensive Aquatic Center with a lap pool, therapy pool & spa pool.



Complimentary child care with closed-circuit monitoring.



Full amenity locker rooms with a sauna.



Healthy cooking demos, support groups and other medically-based programs guided by our Medical Advisory Board.



**Sign-ups for  
Summer Camp 2014  
starting now!**

**OTHER AMENITIES INCLUDE:**

- Swim Lessons, Swim Team, Aqua Parent & Me Classes + FitKids Programs • Community Education Center
- Lifeguard Certification & WSI Certification Courses • Lettuce Eat Café • Land & Aquatic Physical Therapy
- Phase III Cardiac Rehabilitation • Basketball Court Hours + Carterex Program

60 Cooke Ave | Carteret, NJ 07008  
www.RWJFITNESSCARTERET.com

**732.541.2333**

Advertisement paid for by the RWJ Fitness and Wellness Center

**TWO WEEKS FREE!\***

\*Offer expires 05/31/14. Must present this ad. Must be 18 or older. ID required. Restrictions apply. First time visitors only. Cannot be combined with any other offer. Call for details.

**RWJ RAHWAY  
FITNESS & WELLNESS CENTER**  
*at*  
**CARTERET**

**SUMMER CAMP**



**DATES**

July 7th - August 25th  
(8 weeks)

**TIME**

9:00am - 3:00pm

Early Drop Off/ Late Pick Up  
Options Available\*

\*SPECIAL FEES APPLY.

**PRICE**

\$75/Week

**AGE GROUPS\***

4-5 years, 6-8 years,  
9-11 years, 12+

**ACTIVITIES INCLUDE:**

- SPORTS, SWIMMING, FIELD GAMES, MARTIAL ARTS + MUCH MORE!
- WACKY WEDNESDAY THEME DAYS LIKE MISMATCH DAY + SUPER HERO DAY.
- FRIDAYS AT THE PARK WITH COLOR WARS, TALENT SHOW, FIELD DAY + END OF CAMP PARK PARTY!

**732.541.2333**

60 Cooke Ave | Carteret, NJ 07008  
www.RWJFITNESSCARTERET.com



**Anything Computer of Carteret**  
17 Washington Avenue  
Carteret, NJ 07008  
(201) 552-0265  
www.anythingcomputer.biz

- lcd screen repair 20% off**  
regular prices start at \$125  
offer expires 6/30/14
- password removal \$35**  
regular price \$45  
offer expires 6/30/14
- system restore \$80**  
regular price \$105  
offer expires 6/30/14
- ipad/ipod screen repair 20% off**  
regular prices start at \$80  
offer expires 6/30/14
- virus removal \$65**  
includes anti-virus software!  
regular price \$95  
offer expires 6/30/14
- data recovery 25% off**  
regular prices start at \$80  
offer expires 6/30/14

**Grand Opening Specials!**

Police, Firefighters and EMT workers always 10% off!

**INTERNATIONAL MARTIAL ARTS**



**MOHAMED ELSHIKH**

Master Instructor

- 5th Dan WTF Certified
- World Ki-do (Hapkido) Federation Certified
- Official Member of

www.imatkd.com  
masterelshikh@imatkd.com



54 Cutters dock Rd., Woodbridge, NJ 07095  
Tel: 732-636-0044 / Fax: 732-636-4079

Carteret, NJ Tel: 732-541-0006 Linden, NJ Tel: 908-486-4227

## Residential Customer

# Community Spotlight

## The Boys and Girls Club of Carteret



**BOYS & GIRLS CLUB**  
of Carteret

The Boys & Girls Club of Carteret is a nonprofit corporation with a central office located at the Carteret High School. The primary goal of the C.B.G.C. is to enable young people to reach their full potential as productive,

helps youngsters grow into mature, constructive adults, better able to benefit from and meet the responsibilities of life in our community.

The Carteret High School provides the club its location at no cost, to operate the Club Extension Afterschool Program and scheduled Teen Center Hours.

The Boys & Girls Club of Carteret serves approximately 100 Carteret Middle School students. It gives particular priority to those students who present an array of risk factors, with a particular focus in serving economically disadvantaged students and students whose school performance is sub-par.

responsible, caring citizens. To accomplish this mission, the Carteret Boys & Girls Club provides services, based on principles of a youth development strategy, to promote the health, social, educational, vocational, character and leadership development of girls and boys served. The Boys & Girls Club plays a crucial role in helping young people build a sense of self-worth, enabling them to envision and achieve productive futures.

The club is designed to give girls and boys, ages 6 to 18, responsible adult guidance, thereby filling needs frequently not met elsewhere. By offering continuous, concerned leadership, the Boys & Girls Club



**OPEN THE DOOR**  
*to possibilities.*

### Are you a Carteret historian?

**Q1:** In what year did the Ritz Theater open? In what year did it close?

**Q2:** In what year was construction the N.J. Turnpike Interchange 12 first completed?

**Q3:** What was the name and location of Carteret's first public swimming pool?

Answers in next issue or online at [www.carteret.net](http://www.carteret.net)

Answers to last issue:

**Q1:** Slugg's Stage Line **Q2:** Crowell, Clauss, Harrington, Davis **Q3:** Kloss



The Carteret Business Partnership, Inc., a non-profit 501c3, serves as the district management corporation for the Carteret Special Improvement District, comprised of businesses and individuals.



Visit us online  
[www.carteret.net](http://www.carteret.net)



Follow Mayor Reiman on

<https://www.facebook.com/danieljreiman>



Follow Mayor Reiman on

<https://twitter.com/danreiman>

# WWW.CARTERET.NET